ACEs impair development of children’s brains and bodies so profoundly that the effects persist throughout a person’s life and are even passed on to the next generation.

**TYPES OF ACES**

**ABUSE**
- Physical
- Emotional
- Sexual

**NEGLECT**
- Physical
- Emotional

**HOUSEHOLD DYSFUNCTION**
- Mental Illness
- Incarcerated Relative
- Mother treated violently
- Substance Abuse
- Divorce

Infographic Source: Robert Wood Johnson Foundation, rwjf.org/aces
Research shows that providing safe, stable and nurturing relationships early in life can buffer the damaging effects of childhood adversity.

- Develop and disseminate information about ACEs and their association to specific outcomes as a first step to reducing ACEs and the de-stigmatizing early childhood trauma. Share this information with family, friends, neighbors and coworkers.
- Work with the state’s education, child welfare, mental health, public health, healthcare, substance abuse, juvenile justice and public safety systems to further understand the impact of ACEs and the health, social and economic benefits of reducing and preventing ACEs.

- Ensure safe, stable, nurturing relationships and environments for children by supporting protective factors including parental resilience, social connections, parenting education and concrete support in times of need.
- Enhance the capacity of communities to prevent and reduce ACEs by prioritizing investments toward evidence-based prevention and intervention programming that supports children and families.
- Promote and fund the implementation and evaluation of promising approaches. Support the change in community norms where all share responsibility for the well-being of children.

TRAUMA SUPPORT IN SOUTH DAKOTA COMMUNITIES
A DIFFERENT APPROACH
With guidance from the USD Center for the Prevention of Child Maltreatment, and in partnership with The ACE Interface Program, Children’s Home Society (CHS) is launching an initiative to support trauma informed care through resilient communities.

SOUTH DAKOTA STEPS UP TO THE PLATE
CHS’s goal is to begin a dialogue around the topic of trauma and create a shared language and understanding of effective responses to trauma.

WE NEED YOU AT THE TABLE
Once presented with information, each community will create its own path towards becoming a resilient community.

EXCITING THINGS ARE HAPPENING!
As this information spreads and begins to resonate, individuals will be inspired to make changes in their own lives and promote change within their circle of influence.

WHERE DO WE BEGIN?
Children’s Home Society will facilitate dialogue, invite and welcome players to the table, host training events and communicate progress.

Source: Children’s Home Society
1. Learn more about ACES and resilience
ACES Too High – www.acestoohigh.com
The Adverse Childhood Experiences Study – www.acesstudy.org
Center on the Developing Child – http://www.developingchild.harvard.edu/resources
Center for Disease Control and Prevention – www.cdc.gov/ace
National Center for Infants, Toddlers, and Families – www.zerotothree.org
Resilience Trumps ACEs – www.resiliencetrumpsaces.org

2. Create support programs that encourage attachment and healthy relationships
Parenting workshops
Family support groups
Therapeutic interventions
Home visiting programs

3. Promote trauma-informed workforce, schools and communities
Substance Abuse and Mental Health Services Administration www.samhsa.gov/ntic/trauma-interventions
National Council for Behavioral Health
www.thenationalcouncil.org/areas-of-expertise/trauma-informed-behavioral-healthcare
ACEs POSSIBLE RISK OUTCOMES

**BEHAVIOR**

- Lack of physical activity
- Smoking
- Alcoholism
- Drug use
- Missed work

**PHYSICAL & MENTAL HEALTH**

- Severe obesity
- Diabetes
- Depression
- Suicide attempts
- STDs

- Heart disease
- Cancer
- Stroke
- COPD
- Broken bones

Infographic Source: Robert Wood Johnson Foundation, rwjf.org/aces