Parent Partnership Program (P3) Minutes

January 26, 2015

5:30-6:30

Ice breaker activity enjoyed by playing charades with the group. An easy way to relax and get to know one another.

Sarah Novickis, Head Start Mental Health Consultant, spoke to the group about stress. Families completed a questionnaire about stress in the family. More common in our day of trying to get more things done and adding on the level of stress. Individuals need to take time for themselves. Write down what’s stressing you out and then set it aside.

Center updates from Dawna:
* Harvest of the month grant. Received a grant for fruits & vegetables and a garden will be planted. Seeds were applied for through SDSU and we received 20 packs of vegetable and fruit seeds.
* New stove purchased through individual donations.
* Carpet and paint coming soon to classrooms through the University.
* Refrigerator will be purchased for infant room due to the refrigerator not working.
* Licensing renewal and review coming up
* Potential project with a girl scout
* Minimum wage increase from $7.25 per hour to $8.50 per hour
* Thank You for your donations for the classrooms in November and December!

Head Start updates from Rose:
* Thank you for your time when you volunteer or complete in-kind with your child. The Head Start program is very dependent on in-kind so keep up the good work!
* No policy report given.
* Recruitment for Head Start in continual. If you know of a new family in your neighborhood with children ages 0 to 5, let them know about Head Start.
* Saturday, February 7, Community Health & Wellness Fair at The Lee Medical Building on USD Campus from 9:00 a.m. to 1 p.m.

Minutes complete by Rose Weiss, Family Service Specialist, USD Head Start