2018 - 2019 Tryout Requirements
University of South Dakota Dance Team
Sunday, April 21, 2018 – 8:00 AM

Student Requirements

- Freshman/Transfer Students
  Must be Accepted to USD for 2018-2019 academic year
  - [Link: Apply for Admissions Here]
- Current USD students:
  - Enrolled full time (Undergraduate: 12 hours, Graduate: 9 hours)
  - Cumulative & Current GPA of 2.0 or above
- Current Health Insurance
  (a copy of insurance card must be presented at tryout check-in)
- Filled out a tryout application and all USD Waivers.

Female Tryout Attire – Game Day Ready

- Black Spandex Shorts
- Solid Black Fitted Top or Sports Bra (small logos are acceptable)
- Dance Shoes

Male Tryout Attire – Game Day Ready

- Black Shorts
- Solid Black Top (small logos are acceptable)
- Dance Shoes

Technical Skills and Requirements:

Technical skills are a large part of competitive and sideline dance. The following skills will be asked of you during the tryout process. Note, we may ask you to perform a skill even if it is not listed:

Required Skills
- Split Leap
- Side Leap
- Calypso
- Tilt Jump
- Toe Touch
- A La Secondes
- Pirouettes

Bonus Skills
- Ring Leap
- Switch Leap
- Turning Disc
- Leg Hold Turn
- Tumbling Skills
- Hip Hop Skills
- Other High Level Technical Skill

Tryout Format & Skill Sections:

Please note that the tryout schedule and set up is subject to change by the coaching staff and may be changed based on the number of people trying out and the skill level of those trying out.

Registration – Sunday, April 21 – 8:00am – 9:00am

- All Participants will need to register during this time. Those who do not register during this time will not be allowed to tryout.
Preliminary Session – Sunday, April 21 – 9:00am – 12:00pm

- This section will involve stretching, a technique demonstration and will involve teaching all three sections of the tryout dance (pom, jazz, and hip hop.)

Final Session – Sunday, April 21 – 1:30pm – 3:00pm

- During this session we will have a chance to review all three sections of dance that were taught in the first session. We will be paying special attention to your ability to handle criticism and apply critiques given by our staff. We will also give you time to work on your technical skills (turns, leaps, tumbling, hip hop skills, etc…) Please use the time wisely here if there are any skills that you wish to show in your personal tryout. The list of skills that will be helpful in your tryout will be provided to you.

Tryout Session – Sunday, April 21 – 3:00pm – Final Group is finished.

- You will perform the three dance sections taught during tryouts during this time. You will perform for the judges and you will get a chance to show your technical skills. Tryouts are closed to the public and you will tryout in groups of two or three that will be chosen by the staff. After you have finished with your live tryout you will go through a short interview process. Once that interview process is complete, your tryout is finished. You should stick around as the list will be posted about an hour after the tryout is completed. For those that make the team, you will have a short team meeting with your new teammates! GOOD LUCK!

Summer Commitment:

The USD Dance Team will have practices during the summer. Attendance is mandatory for team members unless stated otherwise. Team members will not be excused from the below dates unless there is an emergency. Dates for NDA Camp may change if NDA decides on different dates for camp, however, you are still responsible for being at camp. If they change those dates, this announcements will be updated as soon as the coaching staff is aware of the change. These dates are being first announced in September of 2017, almost a year in advance. Please plan vacations and other summer endeavors accordingly. Once again, attendance is mandatory:

<table>
<thead>
<tr>
<th>Date</th>
<th>Team Details &amp; Location</th>
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| July 29-August 3, 2018 | USD Dance Work Week  
*Required for Everyone* |
| August 5-7, 2018   | NDA Camp at Northwest Missouri State University  
*Required for Everyone* |
| August 14, 2017    | Move-in Monday and Practice begins  
*Required for everyone* |
RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF THE RISK AND INDEMNITY AGREEMENT AND CONSENT TO MEDICAL TREATMENT

By my signature below, I acknowledge that I am aware of, appreciate the character of, and voluntarily assume the risks involved in participating in: **Dance for the University of South Dakota**.

By my signature below, on behalf of myself, my heirs, next of kin, successors in interest, assigns, personal representatives, and agents, I hereby:

1. Waive any claim or cause of action against and release from liability the State of South Dakota, its officers, employees, and agents for any liability for injuries to my person or property resulting from my participation in the activity listed above;

2. Agree to indemnify and hold harmless the State of South Dakota, its officers, employees, and agents for any claims, causes of action, or liability to any other person arising from my participation in the activity listed above; and

3. Consent to receive any medical treatment deemed advisable during my participation in the activity listed above.

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF THE RISK AND INDEMNITY AGREEMENT AND CONSENT TO MEDICAL TREATMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.

Name ________________________________ Date of Birth _____________________

Signature ______________________________ Address________________________

Date____________________________________

If the participant is a minor, the following must be completed:

Guardian’s Name_________________________ Date of Birth____________________

Signature ______________________________ Address _______________________

Date____________________________________
2018-19 USD Dance Team Tryout Application

First Name: _______________________     Last Name: ________________________________

Nickname(s): ______________________________________________________________________

Address: __________________________________________________________________________

City: __________________________     State: _________   Zip Code: ________________________

Email Address: _________________________________    Cell Phone Number: __________________

Gender (Circle one):   Male   Female   Date of Birth: ________________________________

**Athlete Sizes:**

T-shirt Size: ________   Short Size: ________   Shoe Size: __________   Tank Top Size: ______

**Female Athletes Only Sizes:**

Spandex Size: ________   Crop Top Size: ________   Yoga Pant/Legging Size: ______

**Academic Information:**

Grade in College: ___________   Major/Minor: _________________________________________

School Attended Last Year: ____________________________________________________________   GPA: ______

**If under the age of 18, please fill in the below information about your Parent/Guardian:**

Parent/Guardian Name: _________________________________    Phone Number: ________________

Address: __________________________________________________________________________

City: __________________________     State: _________   Zip Code: ________________________

Email Address: _________________________________    Relation to Athlete: ________________

**Dance Information:**

What school/studio(s) did you dance with? ______________________________________________

How many hours per week do you spend in the studio/practicing? __________

How many years have you been dancing? __________

How many years have you been competing in dance? __________

Preferred Styles: _________________________________________________________________

Were you a Captain last year:   YES   NO

***Please use the back of this sheet to include any relevant dance experience or related experience that you wish the coaching staff and captains to know about***
Dance Team Tryout Result Acceptance Form

I, ______________________________, do hereby agree to accept the results of the University of South Dakota Dance Team Tryouts for the Spring of ________. I agree that the decisions made by the judges and coaches of the University of South Dakota Dance program are subject to change at any time and I will abide by those changes if they occur.

The judges and coaches of the University of South Dakota Dance program work hard to ensure a fair and equal tryout based on the skills level and attitude of those participating in the tryout. This entire process takes place in one day and you may not agree with the selections made. The program does the best they can to select people who they believe will work the best for the program. You are free to contact the coaching staff after tryouts and ask what you can do better at the next tryout. Coaches here are always willing to assist and will give honest responses on what you can work on for next time.

By signing below, I agree to the above statement and will not challenge the tryout process after tryouts have been concluded. I also will accept the decision of the coaching staff with regard to team selection.

I have read the above statements and agree:

Name: _________________________________

Signature: _________________________________

Date: _________________________________

If the participant is a minor, the following must be completed:

Parent/Guardian’s Name: _________________________________

Signature: _________________________________

Date: _________________________________