

# Board of Regents Mission Statement

## Our Mission:

The South Dakota Board of Regents has constitutional authority to govern the system of public higher education in the State of South Dakota. Supported by an Executive Director and staff, the Board provides leadership and sets policies for the programs and services delivered through its six universities and two special schools.



## Disclaimer-

The information contained in this brochure is a summary of the plan highlights. All benefits, limitations, exclusions, renewability and pre-existing limitations apply and are described in the Policy.

This is a limited benefit plan.

# Contact Information

<http://myhealth.sdbor.edu>

Avera Health Plans  
3816 S. Elmwood Avenue; Suite 100  
Sioux Falls, SD 57105  
Toll free 1-888-322-2115

Program Manager-Malcom McKillop  
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My Health Plan-DREAM big, be  
HEALTHY-a plan for your future!



**DREAM  
big, be  
HEALTHY -  
a plan for  
your future!**

A Student Health Insurance Limited Benefit Plan for the Students of the State of South Dakota System.

- Black Hills State University
- Dakota State University
- Northern State University
- South Dakota School of Mines & Technology
- South Dakota State University
- University of South Dakota
- University Center



Underwritten by Avera Health Plans



Visit us on-line at  
<http://myhealth.sdbor.edu> or contact  
Avera Health Plans at toll free  
1 (888) 322-2115.

## Top 10 reasons to enroll with My Health Plan:

1. Access to care
2. Affordable coverage
3. No longer eligible under a parent's group plan
4. National pharmacy network
5. Claims processed quickly and efficiently in a local South Dakota office
6. Case managers work with members who have severe injury or illness
7. Low deductible per year
8. Avoid medical debt
9. Preventive care benefits
10. Provider Network is Extensive

## Am I eligible for My Health Plan?

Yes, if you are a student within the South Dakota University System and taking 5 or more credit hours and/or 3 hours during summer semester you are eligible for My Health Plan. All domestic graduate students taking 3 credit hours per semester and students seeking a doctorate degree are eligible to enroll in My Health Plan.

## My Health Benefits At A Glance

- \$200 Deductible per year per individual
- Up to \$50,000 maximum benefit paid per eligible injury or illness

Health Benefits	Preferred Provider	Out-of-Network Provider
Inpatient Hospital Services - \$1500 maximum per day	80% of Preferred Allowance	60% of Usual & Customary
Outpatient Hospital Services	80% of Preferred Allowance	60% of Usual & Customary
Physician Visits	80% of Preferred Allowance	60% of Usual & Customary
Medical Emergency Services - \$100 copay per visit then deductible and coinsurance - copay is waived if admitted	80% of Preferred Allowance	60% of Usual & Customary
Lab and X-ray Services	80% of Preferred Allowance	60% of Usual & Customary
Pharmacy Benefits-\$1,000 maximum per individual per policy year  * Limited to one 30-day supply	Generic drug \$10.00 copay per prescription  Formulary, brand drug \$25.00 copay per prescription  Non-formulary, brand drug 40% coinsurance per prescription	No-Coverage

## How do I enroll in My Health Plan? It's easy...

1. Register on-line at <http://myhealth.sdbor.edu>
2. Complete the on-line application
3. Applications must be submitted on-line for proper enrollment

Should you need assistance, please contact the Avera Health Plans Service Center at 1-888-322-2115.