

**UNIVERSITY OF SOUTH DAKOTA
SCHOOL OF HEALTH SCIENCES
ALCOHOL AND DRUG STUDIES DEPARTMENT
ADS 422/522 ALCOHOL AND DRUG ABUSE TREATMENT CONTINUUM
FALL SEMESTER 2009
ONLINE COURSE SYLLABUS**

INSTRUCTOR: Erin B. Nielsen Ogdahl, M.S.W, J.D.

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ONLINE OFFICE HOURS: BY appointment. I will respond to all e-mail through D2L within 24 hours Monday through Friday. I do not guarantee that I will respond to anything over the weekend. If there is a time where I will be unavailable during the week, I will notify the class through the NEWSBOARD in D2L prior to such absence.

TEXTS:

Taleff, M.J., (2006). *Critical thinking for addiction professionals*. Springer Publishing Company, Inc., 11 West 42nd Street, New York, NY 10036. ISBN# 0-8261-1824-0.

Diagnostic Criteria from DSM- IV-TR Desk Reference (2000). American Psychiatric Association, Washington, DC. ISBN# 0-89042-027-0.

-You do not have to buy this one, but try and find one that you can take a look at in your agency or the library.

Sevening, D., (2007). *ADAS 422/522 Alcohol and Drug Treatment Continuum*. University of South Dakota.

Substance Abuse and Mental Health Services Administration (SAMHSA). (2006). Addiction counseling competencies: The knowledge, skills, and attitudes of professional practice. Technical Assistance Publication (TAP) Series 21. (DHHS Publication No. (SMA) 06-4171). Rockville, MD.

COURSE DESCRIPTION

The concept that alcohol and drug abuse treatment is a continuum from intervention through continuing care is emphasized. Acquaints the student with theories, models, stages, and functions of alcohol and drug abuse treatment.

COURSE OBJECTIVES AND OUTCOMES

STUDENTS WILL:

| OBJECTIVES | ASSESSMENT |
|--|--|
| 1. Determine the scope of alcohol and drug abuse treatment | Course readings, interviews, and discussions |

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| 2. Distinguish treatment of alcohol and drug abuse in terms of a continuum of services | Course readings, interviews, and discussions |
| 3. Interpret the twelve core functions of alcohol and drug abuse counseling | Course readings, interviews, discussions, written assignments, and final examination |
| 4. Analyze the theories, models, and contemporary issues relating to alcohol and drug abuse treatment | Individual research, course readings, interviews, written assignments, and discussions |
| 5. Apply comprehensive treatment services | Written assignments, interviews, and discussions |
| 6. Develop an individualized treatment plan | Written assignments, interviews, and course readings |

COURSE OUTLINE

- I. Basic considerations of chemical dependency treatment
 - A. Twelve core functions/global criteria
 - B. Continuum of care
 - C. Theories and models of addiction

- II. The scope of treatment
 - A. Intervention, involuntary commitment, and screening
 - B. Intake and orientation
 - C. Assessment and diagnosis

- III. Treatment planning
 - A. Individual and group counseling
 - B. Couples and family counseling
 - C. Case management

- IV. Record keeping
 - A. Progress notes
 - B. Consultation
 - C. Aftercare plan

- V. Discharge and support services
 - A. Referral
 - B. Contingency plan

C. Education and relapse prevention

COURSE REQUIREMENTS

PARTICIPATION

30 points

Reading the assigned pages for each text and packet is required along with accessing class notes for the discussion topics and dyads. Students will be working in dyads as well as placed in groups for course discussion topics. Chat rooms will be set up for the dyads that will be assigned by the professor and students will be randomly selected for the group discussion topics. In the chat rooms, students will have an opportunity to be the counselor as well as a client. Each “counselor” will tell their “client” the population they want to work with, i.e., adolescents, male/female adults, elderly, criminal justice, etc. There will be packet pages assigned for the interview that students need to demonstrate in the chat rooms.

GROUP DISCUSSION TOPICS AND READING ASSIGNMENTS

| DATES | TOPIC | READINGS |
|--------------|--|--|
| 8/31-9/6 | Introductions, Principles of effective treatment | Taleff preface & pp. 3-28; Packet pp. 1-46; www.nida.nih.gov |
| 9/7-9/13 | Models and Theories | Taleff pp. 29-43; TAP 21 pp. 1-34; Packet pp. 47-49 |
| 9/14-9/20 | Emergency & Involuntary Commitment | Packet pp. 50-59 |
| 9/21-9/27 | Screening/Intake | Taleff pp. 44-67; TAP 21 pp. 37-45; Packet pp. 63-79 |
| 9/28-10/4 | ASAM, Treatment placement, & Orientation | Packet pp. 80-118 |
| 10/5-10/11 | Assessment | Taleff pp. 71-88; DSM IV TR pp. ix, xi, & 1-48; Packet pp. 121-160; TAP 21 pp. 46-52 |
| 10/12-10/18 | Assessment Continued | DSM IV TR pp. 105-151 |
| 10/19-10/25 | Treatment Planning | Taleff pp. 89-104; Packet pp. 164-181; TAP 21 pp. 53-66 |
| 10/26-11/1 | Group/Family Counseling | Taleff pp. 105-128; Packet pp. 182-205; TAP 21 pp. 183-202 |
| 11/2-11/8 | Case management, referral, & continuing care | Packet pp. 206-256; TAP 21 pp. 67-75 |
| 11/9-11/15 | Consultation and Discharge; | Packet pp. 260-269; TAP |

| | | |
|-------------|---|--|
| | Report & Record Keeping | 21 pp. 77-97 & 141-150 |
| 11/16-11/22 | Education | TAP 21 pp. 131-139 |
| 11/23-11/29 | Relapse Prevention | |
| 11/30-12/13 | Professional & Ethical Responsibilities | Taleff pp. 129-135; TAP 21 pp. 151-160 |

Each group will designate a facilitator who will begin and end each discussion topic as assigned. Student groups will be monitored by the professor with the professor's guidance if deemed necessary. Students will need to stay "focused" on the topic, use proper internet/discussion board etiquette (refer to page 5 in the Continuing Education orientation packet), and log on the group discussions at least **3 times** per topic in order to receive total points for participation.

CHAT ROOM SESSIONS AND ASSIGNMENTS

100 points

Interviews conducted in chat room sessions will involve packet materials and application of the American Society of Addiction Medicine (ASAM) criteria. Each student will have a double role as both a "counselor" and a "client" with their partner. Students will need to submit computerized assignments via email through D2L to the professor that include but may not be limited to:

1. Screening/Intake (25)
2. Assessment (25)
3. Treatment plan (goals & objectives) (25)
4. Referral/Discharge summary (25)

The first written assignments (screening/intake and assessment) will be due on **October 11, 2009**. Treatment plan (goals & objectives) will be due on **November 9, 2009**. The final written assignment (referral/discharge summary) will be due on **December 6, 2009**. Late submissions will be deducted 1 point per day after the due date. Students will receive feedback on the written assignments within 7-10 days after submission.

GRADUATE STUDENTS

Graduate students will need to submit a **maximum** 6-10 page 12-font double spaced computer generated paper, which demonstrates the understanding of models and theories associated with substance abuse treatment and how these need to be incorporated in an individualized treatment plan. Students need to identify one model that fits their philosophy of counseling and no more than three theoretical approaches. This paper requires 10-15 references that includes but is not limited to professional journals, readings, and course material. **Due December 6, 2009.**

FINAL EXAMINATION:

50 points

On line exam consists of multiple-choice and short answer essay questions. This exam will be comprehensive and students will be provided with a review indicating what areas will be examined and evaluated. The exams will be administered online via D2L and will not require a proctor. Students will have 50 minutes to complete the exams and will only have one opportunity to

access the exam. Exams will be available to students for 24 hours, but once they have accessed the exam they will only have 50 minutes to finish. The exam must be submitted for grading through D2L; answers must be saved and the entire exam submitted. **If students miss an exam time, they will not be able to make up the exam unless they have contacted the instructor prior to the exam time and made arrangements for another time.** Exams are open-book and open-note. The final examination will be available to students all day on **December 16, 2008.** **A proctor will not be needed.** The grade for the final examination will be the students' feedback for the final exam.

TOTAL POINTS AND GRADING SCALE

180 - 162 = A

161.5 - 144 = B

143.5 - 126 = C

125.5 - 108 = D

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EXTRA CREDIT (OPTIONAL)

10 points

Personally visit a treatment facility (inpatient, outpatient, halfway house, or detoxification center), interview an addiction professional staff member, and submit a 2-page double-spaced typewritten (or computer-generated using a 12-font) paper that includes, "What model is used by this facility and what approach seems to be the most effective", "What impressed you", "What did not impress you", and "What you would do differently and why" (based upon course content). Previous "shadowing" experiences from ADS 220 or ADS 222 will not be accepted for this extra credit option. Students enrolled in the course who are currently working at a treatment center will need to personally visit and interview an addiction professional staff member outside their agency/program. **Due December 6, 2009.**

Course Policies

Assignments, quizzes, exam dates are to be adhered to. Late assignments will receive a deduction of 5% of the maximum grade per day for each assignment (i.e., assignments turned in 20 days late will receive a zero). **Assignments are expected to be turned in on the day due. The instructor will not chase any student down for late work, it will simply be noted as late or as not turned in, the student is responsible to keep track of handing assignments in on time as noted in the syllabus. Students who fall 3 weeks behind in coursework deadlines will be removed from the course by the instructor.**

Not having the textbook is NEVER an excuse for late work. The student is expected to order the text from the University Bookstore at the University of South Dakota prior to

the course starting. (5) There will be no redos allowed for unacceptable assignments. It is the responsibility of the student to contact the professor prior to the due date if the student is in any way unclear about the requirements of the assignment. Students are strongly encouraged to send assignments in progress to the professor so that the professor can give “early feedback” on the assignment. Assignments cannot be turned in for early feedback less than 96 hours (4 days) prior to the due date of the assignment.

USD Academic Honesty Policy: Your academic honesty allows for your personal standard of excellence in achieving the grade you earn or deserve, as well as in maintaining the respect of your classmates and professor. “Cheating” is defined as intentionally or unintentionally using or attempting to use unauthorized materials, information or study aids in any academic exercise. “Plagiarism” is defined as intentionally or unintentionally representing the words or ideas of another as one’s own in any academic exercise. Any cheating or plagiarism necessitates consequential action, which will involve a grade of “zero” or “F” for the work submitted and reporting of the incident to the proper campus authorities. Please refer to the Student Conduct Code of the student Handbook.

USD Academic Freedom Policy:

Freedom in learning: students are responsible for learning the content of this course and a student’s academic performance will be evaluated on an academic basis. Students are welcomed and encouraged to take reasoned exception to the data or views offered in this course. If a student believes that they are graded on personal opinions or conduct they should contact the Dean of Health Sciences.

Disability Service: Any student who feels he or she may need academic accommodations or access accommodations based on the impact of a documented disability should contact and register with Disability Services during the first week of class. Disability Services is the official office to assist students through the process of disability verification and coordination of appropriate and reasonable accommodations. Students currently registered with Disability Services must obtain a new accommodation memo each semester. For information contact: Ernetta L. Fox, Director Disability Services Room 119 Service Center, 605)677-6389 www.usd.edu/ds; dservices@usd.edu

Etiquette/Netiquette: Students will be respectful and courteous to other persons even if the discussion should become intense. Learning occurs when we learn to see each other as sources of information and realize that we are all fallible, including your instructor. Never post anything that can be perceived negatively by another student. Never email or post in anger. Always be respectful of the views of others.

INTERNSHIP

Students interested in doing internships in the next year or near future will be required to carry liability insurance. The ADS Department has researched this area and have found that there are two options available:

1. NAADAC The Association for Addiction Professionals offers a student member fee. Students can become a member by visiting their website at www.naadac.org. Once a member s/he can go to the products and services website, fill out the application and submit it with the amount required.

-OR-

2. Visit the following website:

http://www.hpso.com/students/stucovm3.php3?state=South_Dakota&profession=Alcohol/Drug_Counselor&megaVersion=3.

Students will **not** be allowed to do a treatment/prevention internship without his/her advisor having proof that the student has liability insurance coverage. This documentation will be included in the students' ADS file.