



## SD Cardiopulmonary Resuscitation Directive for DNR Fact Sheet for Healthcare Providers

**Comfort One** is an advance medical directive pertaining to the administration of cardiopulmonary resuscitation, as well as a medical order based on informed consent, signed by or on behalf of an individual *and* by a physician, a physician assistant, or a nurse practitioner, directing emergency medical services personnel to refrain from resuscitative measures in the event of a respiratory or cardiac arrest or malfunction.

### **Comfort One:**

- Respects a person's right to refuse CPR even in an outpatient setting
- Allows EMS personnel to withhold or withdraw:
  - Chest compressions and defibrillation
  - Advanced airway procedures or assisted breathing
  - Resuscitation medications
- Assures EMS personnel will:
  - Maintain an open airway
  - Provide suction, oxygen, and approved pain medications
  - Control bleeding
  - Provide comfort care and be supportive to patient and family
- Protects EMS personnel from liability for following the patient's wishes

Emergency medical service personnel are able to recognize that a person has executed a **Comfort One** directive if: 1) the standard form is presented, or 2) the person is wearing a **Comfort One** bracelet purchased from the EMS.



A **Comfort One** directive may be revoked at any time by the person or by his/her surrogate decision maker

### **Comfort One and Health Care Facilities**

For any person who is admitted to a health care facility such as a hospital or nursing home, the "**Comfort One**" (DNR) is implemented as a physician's order, pending any further order by a physician.

### **Ordering the Comfort One forms**

The "**Comfort One**" forms can only be ordered only by a physician or representative at the SD EMS web page:

[http://www.state.sd.us/dps/EMS/EMT\\_Information/dnr\\_form\\_request.htm](http://www.state.sd.us/dps/EMS/EMT_Information/dnr_form_request.htm).

### **Distribution of the triplicate forms**

The white page of the triplicate goes to the patient and the yellow one to the physician.

When the Department of Public Safety receives the pink page of the "**Comfort One**" form, it is filed in the DPS office and a copy is sent to the nearest ambulance service.

For more information about Advance Care Planning, Comfort One and **End of Life Care in a Rural State** read the special edition of *SD Medicine* on line at <http://www.sdsma.org> or [http://www.sdsma.org/aboutsdsma/publications/EOL\\_SpecialIssue.cfm](http://www.sdsma.org/aboutsdsma/publications/EOL_SpecialIssue.cfm)

