I know the specific major or occupation I want to pursue, but I need to confirm my decision.

majors offered, conduct a mock job search.

Next Step: 1) Figure out what is causing the doubts. For example, do you have concerns about money? Identify the salary of the occupation and if it is will match your lifestyle. Are misconceptions and negative thinking holding you back?

2) Test Reality—enroll in an introductory class, obtain a related part-time/summer job, complete an internship, participate in co-curricular opportunities, engage yourself in undergraduate research or service-learning, study abroad, or volunteer work.

Shadow & speak w/people in

Try

out

I am interested in one or more occupations/majors and cannot narrow my options.

Next Step: You may need to engage in more research to narrow your options. Visit with faculty. Conduct an informational interview, which simply requires you to take a few minutes to meet with a professional in your field, complete a job shadowing experience.

Research Careers

the field

I am interested in one or more broad fields (e.g., business, healthcare, human services) but need help identifying specific occupations or narrowing the fields that interest me. I know what I want to do after graduation, but I am unsure which major is best.

Next Step: Register for Kuder Journey and explore the career information it contains, review the

Research Majors I know what I want to major in, but am wondering what I can do with it.

I am unsure how many classes remain for the majors I am considering.

Next Step: Povious the majors offered wight "What Can I Do With My Major" in the

Next Step: Review the majors offered, visit "What Can I Do With My Major" in the student portal, become familiar with course requirements in the undergraduate catalog, meet with your Advisor, enroll in an introductory class to narrow your options.

Self-Exploration

I don't know which careers or majors I should consider.

Next Step: Discover who you are—your values, interests, skills, and personality. Complete the assessments within the Kuder Journey program (available through the Academic and Career Planning Center).



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