



SOUTH DAKOTA BOARD OF REGENTS
ACADEMIC AFFAIRS FORMS
New Course Request

USD	Basic Biomedical Sciences
Institution	Division/Department
<i>Elizabeth M. Freeburg</i>	3/19/18
Institutional Approval Signature	Date

Section 1. Course Title and Description

Prefix & No.	Course Title	Credits
NSCI 101	Let's Talk About Stress	1

Course Description
An introductory course on the biology underlying stress. This course will provide an overview of the basic biology underlying stress, and how stress can interact with learning, social support, mental health, and culture. Further, it will explore techniques and resources on campus to aid students in dealing with various types of stressors. Students of all majors are welcome in this course.

Pre-requisites or Co-requisites N/A

Registration Restrictions N/A

Section 2. Review of Course

2.1. Was the course first offered as an experimental course (place an "X" in the appropriate box)?
 Yes (if yes, provide the course information below) No

2.2. Will this be a unique or common course (place an "X" in the appropriate box)?
If the request is for a unique course, verify that you have reviewed the common course catalog via Colleague and the system [Course Inventory Report](#) to determine if a comparable common course already exists. List the two closest course matches in the common course catalog and provide a brief narrative explaining why the proposed course differs from those listed. If a search of the common course catalog determines an existing common course exists, complete the Authority to Offer an Existing Course Form.

Unique Course

Prefix & No.	Course Title	Credits
ED 101	Strategies for Univ Learning (BHSU)	1

Provide explanation of differences between proposed course and existing system catalog courses below:

While ED-101 also addresses the use of campus resources to achieve academic success, NSCI-101 focuses more holistically at the management of stress as it relates to life with some later emphasis placed at stress associated with the academic experience.
--

Section 3. Other Course Information

3.1. Are there instructional staffing impacts?
 No. Schedule Management, explain below: This course will be a team-taught course and will be done within existing faculty workloads through schedule management.

3.2. Existing program(s) in which course will be offered: Elective option for students interested in healthcare or medicine

3.3. Proposed instructional method by university: R-Lecture

- 3.4. **Proposed delivery method by university:** 001 Face to face
- 3.5. **Term change will be effective (enter catalog year):** Fall 2018/Spring 2019
- 3.6. **Can students repeat the course for additional credit?**
 Yes, total credit limit: _____ No
- 3.7. **Will grade for this course be limited to S/U (pass/fail)?**
 Yes No
- 3.8. **Will section enrollment be capped?**
 Yes, max per section: 35 No
- 3.9. **Will this course equate (i.e., be considered the same course for degree completion) with any other unique or common courses in the common course system database in Colleague and the [Course Inventory Report](#)?**
 Yes No
- 3.10. **Is this prefix approved for your university?**
 Yes No

Section 4. Department and Course Codes (Completed by University Academic Affairs)

4.1. **University Department Code:** UCPHD

4.2. **Proposed [CIP Code](#):** 26.1599

Is this a new CIP code for the university? Yes No