

University of South Dakota
Major Credit Hour count: 34-55
Major: Kinesiology and Sport Management - Exercise Science, B.S.



[2021-2022 Academic Catalog]

<u>Year / Semester</u>	SGR/Major Requirement	Cr Hrs	<u>Year / Semester</u>	SGR/Major Requirement	Cr Hrs
<u>First Year - 1st Semester</u>			<u>First Year - 2nd Semester</u>		
ENGL 101 Composition I	SGR1	3	Social Science	SGR3	3
KSM 192 Topics: Introducton to KSM	Major	1	CMST 101 Fundamentals of Speech	SGR2	3
PE 180 Foundations of HPER	Major	2	Humanities	SGR4	3
Mathematics	SGR5	3	**Electives		6
Social Sciences	SGR3	3			0
First Year Experience		1			0
**Electives		2			0
Semester Credit Hours: 15			Semester Credit Hours: 15		
<u>Second Year - 1st Semester</u>			<u>Second Year - 2nd Semester</u>		
Natural Science (suggested CHEM 106/L or CHEM 112/L)	SGR6	4	Natural Science (suggested PHGY 220/L)*	SGR6+Major	4
KSM 240 Organization & Administration of KSM	Major	3	Fine Arts	SGR4	3
**Electives		9	ENGL 205 Business Writing	Major/SGR1	3
		0	**Electives		6
Semester Credit Hours: 16			Semester Credit Hours: 16		
<u>Third Year - 1st Semester</u>			<u>Third Year - 2nd Semester</u>		
KSM 353 Kinesiology	Major	3	KSM 350 Exercise Physiology	Major	3
KSM 300 Introduction to Research	Major	3	HLTH 422 Nutrition	Major	3
**Electives		10	**Electives		9
Semester Credit Hours: 16			Semester Credit Hours: 15		
<u>Fourth Year - 1st Semester</u>			<u>Fourth Year - 2nd Semester</u>		
KSM 400 Exercise Testing & Prescription	Major	3	KSM 494 Internship (1-12cr)	Major	12
KSM 454 Biomechanics	Major	3			0
KSM 453 Sport Psychology OR KSM 450 Sport Facility & Event Management OR KSM 490 Seminar	Major	3			0
KSM 482 Theory of Strength and Conditioning	Major	3			0
**Electives		3			0
Semester Credit Hours: 15			Semester Credit Hours: 12		
			Total Major Requirements 120		

Notes: *PHGY 220/220L or HSC 280/280L will meet the Anatomy & Physiology requirement needed for the major and upper level KSM coursework.
 **Electives can be any 100-400 level course at the college level. Students pursuing 2nd majors, minors, or pre-professional requirements can take those courses in place of electives.