



WHAT ARE ACES?



ACEs
=
ADVERSE
CHILDHOOD
EXPERIENCES

ACEs impair development of children's brains and bodies so profoundly that the effects persist throughout a person's life and are even passed on to the next generation.

TYPES OF ACES

ABUSE



Physical



Emotional



Sexual

NEGLECT



Physical



Emotional

HOUSEHOLD DYSFUNCTION



Mental Illness



Incarcerated Relative



Mother treated violently



Substance Abuse



Divorce

HOW DO WE STOP ACEs?

Research shows that providing safe, stable and nurturing relationships early in life can buffer the damaging effects of childhood adversity.

- Develop and disseminate information about ACEs and their association to specific outcomes as a first step to reducing ACEs and the de-stigmatizing early childhood trauma. Share this information with family, friends, neighbors and coworkers.
- Work with the state's education, child welfare, mental health, public health, healthcare, substance abuse, juvenile justice and public safety systems to further understand the impact of ACEs and the health, social and economic benefits of reducing and preventing ACEs.



- Ensure safe, stable, nurturing relationships and environments for children by supporting protective factors including parental resilience, social connections, parenting education and concrete support in times of need.
- Enhance the capacity of communities to prevent and reduce ACEs by prioritizing investments toward evidence-based prevention and intervention programming that supports children and families.
- Promote and fund the implementation and evaluation of promising approaches. Support the change in community norms where all share responsibility for the well-being of children.

TRAUMA SUPPORT IN SOUTH DAKOTA COMMUNITIES

A DIFFERENT APPROACH

With guidance from the USD Center for the Prevention of Child Maltreatment, and in partnership with The ACE Interface Program, Children's Home Society (CHS) is launching an initiative to support trauma informed care through resilient communities.

SOUTH DAKOTA STEPS UP TO THE PLATE

CHS's goal is to begin a dialogue around the topic of trauma and create a shared language and understanding of effective responses to trauma.

WE NEED YOU AT THE TABLE

Once presented with information, each community will create its own path towards becoming a resilient community.

EXCITING THINGS ARE HAPPENING!

As this information spreads and begins to resonate, individuals will be inspired to make changes in their own lives and promote change within their circle of influence.

WHERE DO WE BEGIN?

Children's Home Society will facilitate dialogue, invite and welcome players to the table, host training events and communicate progress.

Source: Children's Home Society

Percentage of children who reported ACEs in South Dakota

1 or more ACEs

0-5 years old



1 or more ACEs

0-17 years old



2 or more ACEs

0-17 years old



Source: Bethell, CD, Davis, MB, Gombojav, N, Stumbo, S, Powers, K. Issue Brief: A national and across state profile on adverse childhood experiences among children and possibilities to heal and thrive. John Hopkins Bloomberg School of Public Health. October 2017.
<http://www.cahmi.org/projects/adverse-childhood-experiences-aces/>

South Dakota performs significantly better than the nation in the following child & family health measures among children who experienced 1 or more ACEs



- Children with EBD conditions
- Cut back or stopped working
- Family routines and habits
- Mother's health
- Supportive neighborhoods

- High occurrence rates of mental health conditions
- High rate of drug and alcohol use, but also high rates of sobriety
- High occurrence rate of adverse childhood experiences (ACEs)
- Unmet need of care and limited access to health care services

Source: Oregon Health & Science University



Source: <http://www.cahmi.org/projects/adverse-childhood-experiences-aces/>

1. Learn more about ACES and resilience

ACEs Too High – www.cestoohigh.com

The Adverse Childhood Experiences Study – www.acesstudy.org

Center on the Developing Child – <http://www.developingchild.harvard.edu/resources>

Center for Disease Control and Prevention – www.cdc.gov/ace

Family Policy Council – www.fpc.wa.gov

National Center for Infants, Toddlers, and Families – www.zerotothree.org

Resilience Trumps ACEs – www.resiliencetrumpsaces.org

Center for the Prevention of Child Maltreatment - www.sdcpcm.com/aces-education



2. Create support programs that encourage attachment and healthy relationships

Parenting workshops

Family support groups

Therapeutic interventions

Home visiting programs

3. Promote trauma-informed workforce, schools and communities

Substance Abuse and Mental Health Services Administration www.samhsa.gov/nctic/trauma-interventions

National Council for Behavioral Health
















www.thenationalcouncil.org/areas-of-expertise/trauma-informed-behavioral-healthcare



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ACEs POSSIBLE RISK OUTCOMES

BEHAVIOR				
 Lack of physical activity	 Smoking	 Alcoholism	 Drug use	 Missed work
PHYSICAL & MENTAL HEALTH				
 Severe obesity	 Diabetes	 Depression	 Suicide attempts	 STDs
 Heart disease	 Cancer	 Stroke	 COPD	 Broken bones