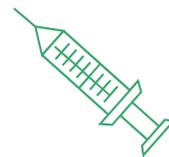


COVID-19 Vaccine Information

What is a Vaccine?

A vaccine is a shot that gives your body medicine to help it fight illnesses that can make you sick, like COVID-19. Getting the vaccine is the best way to protect yourself and others from getting COVID-19.



Who Should Get the COVID-19 Vaccine? Everyone!

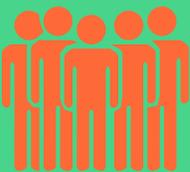
People who have a direct support worker in the home or when out in the community.



People who live with others who are not related to them.



Direct support workers and family members who care for other people.



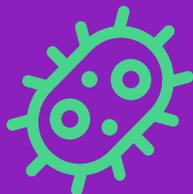
People who have breathing problems, seizures and those who have weakened immune systems.



Anyone over the age of 65.



Why Should I Get the COVID-19 Vaccine?



A vaccine is important to help stop the spread of COVID-19.



It is a safe way to protect yourself from getting COVID-19.



It will help protect others around you.



The vaccine will help us get back to "normal" faster.

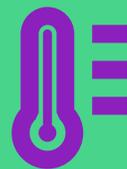
Things to Know When You are Ready to Get the COVID-19 Vaccine

- You must wait 15 minutes after getting the vaccine to make sure you don't have a reaction.
- You will need 2 doses of the vaccine to have the best protection.
- After your first shot you will schedule your second shot appointment.
- You can go to a medical clinic, pharmacy or a drive through vaccine station to get your vaccine from a healthcare professional.

Are There Side Effects from Getting the Shot?

Your body may feel different after the shot. These are called side effects, but they should go away in a couple days.

- You may have a runny nose or a headache.
- You might be really tired for a few days.
- You may get a slight fever or chills.
- The area where you got your shot might be itchy, but try not to scratch it.
- Your arm might be sore in the area where you got your shot.
- If the area around your shot looks different, tell a trusted adult right away or call your doctor.



Keep Yourself and Others Safe

It may take a year before most people are vaccinated and it's safe to gather in large groups and not wear a mask all the time. Until that time, be sure to stay safe when you are around others.

Remember to wear a mask when you leave your home. Wash your hands often and keep physically distant from others. And don't gather in large groups.



Center for Disabilities

South Dakota Council
on Developmental Disabilities



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January 2021, information is subject to change.