Hello and thank you for your interest in becoming a Coyote Cheerleader for the 2018-2019 season. Below is all the information you will need to tryout this November. Before coming to tryouts make sure you are aware of the cheer team rules, regulations, and schedule. If there are any serious scheduling conflicts, please let us know prior to trying out to ensure you are still eligible for the USD team this season.

**General Information:**

- All participants trying out should arrive at least 15 minutes early to ensure warm up time. We will warm up as a team, then start with the timed mile. Then the physical portion of the tryout will start promptly at 6:30 pm. Tumbling is not a requirement to ensure a spot on the team but is encouraged.
- Do not try skills you are not comfortable with or new skills during tryouts. We are able to see your potential even with basic skills. We do not want anyone to get hurt during the process.

**Student Requirements:**

- **Freshman/Transfer Students**
  - Must be accepted to USD for 2018-2019 academic year
  - Cumulative GPA of 2.5 or above
- **Current USD Students**
  - Enrolled full time (Undergraduate: 12 hours, Graduate: 9 hours)
  - Cumulative & Current GPA of 2.5 or above
- **Current Health Insurance**
  - (A copy of insurance card must be presented at tryout check-in)
- **Filled out a tryout application, any additional applications, all USD Waivers, and a copy of your health insurance card.**

**Female Tryout Attire**

- Black shorts (no loose, basketball style shorts)
- Solid black shirt (no loose or cut off clothing and no large logos. Fitted tops are preferable)
- White no-show or ankle socks (all white)
- Cheer shoes
- All white cheer bow or ribbon for hair
- All hair should be up, off the shoulders, and out of the face
- Game day ready make-up, collegiate image (no glitter)
Male Tryout Attire

- Black Shorts
- Solid black top (small logos are acceptable)
- White no-show or ankle socks (all white)
- Appropriate shoes (cheer, cross-trainer, no large basketball style shoes) Facial hair should be saved and neatly trimmed.

What to Bring to Tryouts:
Other than the listed above attire, below will be helpful to ensure a successful tryout.

- Water bottle
- Any medical items (inhalers, braces, etc.)
- NO JEWELRY
- Filled out a tryout application, any additional applications, all USD Waivers, and a copy of your health insurance card.

Tryout Layout:
During the tryouts drink breaks will not be scheduled in but feel free to take a drink or bathroom break when needed throughout the tryout process. We will be doing cheers, USD fight song, stunting, tumbling, a timed-mile and interviews during the tryout. A schedule will be provided upon arrival. Remember these times are is a tentative timeline to follow during tryouts, times may vary.

5:30pm-Check-In (Den-Dakota Dome)
6:00pm-Introduction & Cheers
6:30pm-USD Fight Song
7:00pm-Stunting
  - Required Stunts:
    - Extensions
    - Pop Off
    - Liberty
    - Stunt of highest skill level chosen
  - Optional Stunts:
    - Coed Stunt (optional)
    - Group Stunting (optional)
7:30pm-Tumbling Warm-Up
  - Skills:
    - Back-Handspring
  - Optional Skills:
    - Back Tuck
    - Back-Handspring to back tuck
7:45pm-Tryouts
Depending on how many individuals arrive at tryouts will depend on how long tryouts will last. You should stick around as the list will be posted about an hour after the tryout concludes. For those that make the team, you will have a short team meeting with your new teammates!

**Expectations:**
Cheerleaders chosen for the team are required to attend all home games (travel team required to attend all games). All cheerleaders are expected to be well-rounded and have respect for all coaches, mentors, and administrators. During tryouts if a skill is used at tryouts that skills is required to be used for the rest of the season. If you are not comfortable with a skill(s) or do not want to do a skill later, do not use it at tryouts.

**Scheduling Requirements:** *All dates below are REQUIRED. All cheerleaders MUST attend*

**Summer Requirements:**

**In-Season Requirements:**
(Everything but games are subject to change)

**Games:**
- All Home Men and Women’s Basketball Games (schedule will be sent out)
- Regular Practice (2/week)
- Open Gym (1/week)
- Team Weightlifting Workout (2/week-Flyers; 3/week-Bases & Backspots
- Community and Campus Events (various; communicated throughout the year)
- Fundraising Events

We look forward to seeing you soon! If you have any further questions please email brooke.poppe@usd.edu
**Please make sure to fill out the application form and acceptance form below and bring to tryouts**

2018-2019 USD Cheerleading Tryout Application

First Name: _______________________ Last Name: ____________________________

Nickname(s): _____________________________________________________________

Address: __________________________________________________________________

City: __________________________________ State: _________ Zip Code: _____________

Email Address: __________________________ Phone: _________________________

Gender (Circle one): Male Female Date of Birth: ________________

**PLEASE EMAIL A CLEAR PICTURE OF YOUR HEALTH INSURANCE CARD TO DAKOTAH.TAYLOR@COYOTES.USD.EDU**

Academic Information:

Grade in College: ______________ Major/Minor: ______________________________ School

Attended Last Year: ______________________________ GPA: _______

Cheerleading Information:

Years of cheerleading experience: _________

Tumbling Experience (please Circle): YES NO
(Tumbling is not required in order to make the team but highly encouraged and could affect your score)

Preferred Position: BASE BACKSPOT TOP GIRL
(You may circle more than one):

If under the age of 18, please fill in the below information about your Parent/Guardian:

Parent/Guardian Name: __________________________________________________________

Will they be with you at tryouts: ______________________

Email Address: __________________________ Phone: ___________________________

Relation to Athlete: ______________________________
Cheerleading Tryout Result Acceptance Form

I, ___________________________________, do hereby agree to accept the results of the University of South Dakota Cheerleading Tryouts for the 2018-2019 year. I agree that the decisions made by the judges and coaches of the University of South Dakota Cheerleading program are subject to change at any time and I will abide by those changes if they occur.

The judges and coaches of the University of South Dakota Cheerleading program work hard to ensure a fair and equal tryout based on the skills level and attitude of those participating in the tryout. This entire process takes place in one day and you may not agree with the selections made. The program does the best they can to select people who they believe will work the best for the program. You are free to contact the coaching staff after tryouts and ask what you can do better at the next tryout. Coaches here are always willing to assist and will give honest responses on what you can work on for next time. By signing below, I agree to the above statement and will not challenge the tryout process after tryouts have been concluded. I also will accept the decision of the coaching staff with regard to team selection.

I have read the above statements and agree:

Name: ____________________________________________

Signature: _________________________________________

Date: ______________________

If the participant is a minor, the following must be completed:

Parent/Guardian’s Name: ______________________________________

Signature: _________________________________________________

Date: ______________________
RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF THE RISK AND INDEMNITY AGREEMENT AND CONSENT TO MEDICAL TREATMENT

By my signature below, I acknowledge that I am aware of, appreciate the character of, and voluntarily assume the risks involved in participating in: Cheerleading for the University of South Dakota.

By my signature below, on behalf of myself, my heirs, next of kin, successors in interest, assigns, personal representatives, and agents, I hereby:

1. Waive any claim or cause of action against and release from liability the State of South Dakota, its officers, employees, and agents for any liability for injuries to my person or property resulting from my participation in the activity listed above;

2. Agree to indemnify and hold harmless the State of South Dakota, its officers, employees, and agents for any claims, causes of action, or liability to any other person arising from my participation in the activity listed above; and

3. Consent to receive any medical treatment deemed advisable during my participation in the activity listed above.

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF THE RISK AND INDEMNITY AGREEMENT AND CONSENT TO MEDICAL TREATMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.

Name ________________________________ Date of Birth _____________________

Signature ______________________________ Address________________________

Date____________________________________

If the participant is a minor, the following must be completed:

Guardian’s Name_________________________ Date of Birth ________________

Signature _________________________________ Address ______________________

Date____________________