USD DANCE TEAM

April 25, 2019

Location: Sanford Coyote Sports Center

**Session 1:**

- 8:30-9:15am: Check-In
- 9:15-10:00am: Warm-ups
- 10:00-12:00pm: Gameday
  - Fight Song
    - Sharp, crisp, collegiate motions
  - Sideline Chant (Let’s Go, USD)
    - Sharp, crisp, collegiate motions

**Session 2:**

- 2:00-2:30: Check-In
- 2:30-3:00: Warm-Up
- 3:00-5:00: Session 2
  - Gameday Skills
    - Double
    - Jumps
    - Leaps
  - Media Timeout

April 26, 2019

Location: Sanford Coyote Sports Center

**Interviews:**

- 8:00-12:00pm (We will sign you up)
- 1:00-3:00pm
  - Uniform Try-On & Team Picture
  - Parent & Team Meeting

**Information:**

- There will be cuts between each session. Cuts will be posted on social media and sent out via the email listed on tryout application.
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To sign up for tryouts: http://spiritsquad.eventbrite.com

Clinics:

Location: Sanford Coyote Sports Center

**March 28th**
12:15-1:00pm: Check-In
1:00-3:30pm: Clinic

**April 24th**
5:15-6:00pm: Check-In
6:00-8:30pm: Clinic