University of South Dakota Dance Team
Video Tryout Procedures

Anyone wanting to tryout must either participate in the live tryout or submit a video for the video tryout. We encourage all participants to attend the live tryout, we understand that sometimes that is not practical; however, there is a better chance of making the team from a live tryout vs. a video submission. This section will cover the proper procedure for video tryouts. All videos must follow the tryout format and must be in electronic format (MPEG, MP4, etc.) or a private online format (Facebook, YouTube, etc.). Please see the regular tryout information sheet to see what to wear in your tryout video as you are required to wear the same as if you were at the live tryout.

**Make sure all skills are up to date.**
Video submissions must be received before **June 14th**. Please email submissions or information to **brooke.poppe@usd.edu**. A confirmation email will be sent to you once you have submitted your video information, if you do not receive a confirmation email it is your responsibility to ensure your video was submitted by sending a follow-up email. Results will be posted following the live tryout via our social media platforms.

**Video Format:**
Your video should include all the required sections (introduction, technical skills, and dances) **without video cuts**. All required sections should be done in one video, in the same video segment (there should be no old videos of competitions or practices) to ensure all skills are accurate and up to date. The video should not stop between the introduction, technical skills, and dances).
What to include

Introduction:
Your video should include an introduction of yourself. This should not be written but should be spoken into the camera. Please include in your introduction:

- Your full name and what year you are going to be in college
- What your current major is/ what you will be majoring in
- Your experience with dance (what teams, how many years, etc.)

Dance/Fight Song

- The USD Fight Song is taught at USD Spirit Teams clinics throughout the year. If you did not attend a clinic, a video of the USD Fight Song is provided on the 2019-2020 USD Dance Tryout Facebook page, we expect the USD Fight Song during this portion of the tryout.

Technical Skills

These are the technical skills that are required to show during live tryouts; therefore, they need to be shown during a video tryout.

- Double Pirouette
- A La Seconde Turns
- Split Leap
- Toe Touch
- Calypso
- Side Leap
- Other Skills
  *You may provide any other skills you want to show*

Dance

We need to see a dance routine consisting of the following styles of dance:

- Jazz
- Pom
- Hip-Hop

Please do at least 2-8 counts of each style of dance. You may also provide segments of each style of dance (does not have to be combined). This dance(s) needs to be a solo routine (no other dancers in the video).

**DO NOT FORGET TO INCLUDE YOUR TRYOUT APPLICATION, ACCEPTANCE FORM, AND A COPY OF YOUR HEALTH INSURANCE CARD ALONG WITH YOUR VIDEO!!**

You may email a copy of your insurance card to Brooke.Poppe@usd.edu
The tryout application form is online where you will also sign up for an interview at: https://www.usd.edu/student-life/spirit-squad/tryout-information
Dance Tryout Result Acceptance Form

I, ________________________________, do hereby agree to accept the results of the University of South Dakota Dance Tryouts for the Spring of ________. I agree that the decisions made by the judges and coaches of the University of South Dakota Cheerleading program are subject to change at any time and I will abide by those changes if they occur.

The judges and coaches of the University of South Dakota Cheerleading program work hard to ensure a fair and equal tryout based on the skills level and attitude of those participating in the tryout. This entire process takes place in one or two days and you may not agree with the selections made. The program does the best they can to select people who they believe will work the best for the program. You are free to contact the coaching staff after tryouts and ask what you can do better at the next tryout. Coaches here are always willing to assist and will give honest responses on what you can work on for next time. By signing below, I agree to the above statement and will not challenge the tryout process after tryouts have been concluded. I also will accept the decision of the coaching staff with regard to team selection.

I have read the above statements and agree:

Name: ____________________________________________

Signature: _________________________________________

Date: ______________________

If the participant is a minor, the following must be completed:

Parent/Guardian’s Name: ______________________________________

Signature: _________________________________________________

Date: ______________________